FOR BABY BOOMERS, HUNGER IS A HEALTH ISSUE

AND THIS LEADS TO SIGNIFICANT HEALTH CARE COSTS.

4.5 MILLION+ BABY BOOMERS AGE 50–59 ARE FOOD INSECURE.

FOOD INSECURE BABY BOOMERS ARE MORE LIKELY TO EXPERIENCE CHRONIC HEALTH CONDITIONS.

DIABETES

19% have diabetes

MENTAL AND EMOTIONAL PROBLEMS

28% have depression

REDUCED MUSCLE MASS, POOR VISION AND LOWER BONE DENSITY

95% have at least one act of daily living limitation (ADL)

BABY BOOMERS SPEND TWICE AS MUCH ON HEALTH CARE AS YOUNG ADULTS DO.²

FOOD INSECURITY ¹

The state of being without reliable access to a sufficient quantity of affordable, nutritious food.

FOOD INSECURITY ³

Costs U.S. adults an estimated $130.5 billion.

Data from AARP Foundation’s Food Insecurity Among Older Adults Full Report, 2015 Update

1) Source: United States Department of Agriculture
2) Source: The Commonwealth Fund, January 2006; Baby Boomers aged 50-64
3) Source: Center for American Progress 2011 Report

TO LEARN MORE ABOUT OUR PROGRAMS, RESEARCH AND WORK PLEASE VISIT WWW.AARPFoundation.ORG/FOODSECURITY.