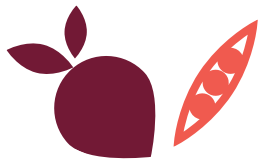


FOR BABY BOOMERS, HUNGER IS A HEALTH ISSUE

AND THIS LEADS TO SIGNIFICANT
HEALTH CARE COSTS.

**4.5 MILLION+
BABY BOOMERS
AGE 50-59 ARE
FOOD INSECURE.**



FOOD INSECURITY ¹

The state of being without reliable access to a sufficient quantity of affordable, nutritious food.



FOOD INSECURE BABY BOOMERS ARE MORE LIKELY TO EXPERIENCE CHRONIC HEALTH CONDITIONS.

DIABETES



19%
have diabetes

MENTAL AND EMOTIONAL PROBLEMS



28%
have depression

**REDUCED MUSCLE MASS,
POOR VISION AND
LOWER BONE DENSITY**



95%
have at least
one act of daily living
limitation (ADL)

**BABY BOOMERS SPEND
TWICE AS MUCH ON
HEALTH CARE AS
YOUNG ADULTS DO.²**



FOOD INSECURITY ³

Costs U.S. adults an estimated \$130.5 billion.



Data from AARP Foundation's Food Insecurity Among Older Adults Full Report, 2015 Update

1) Source: United States Department of Agriculture

2) Source: The Commonwealth Fund, January 2006; Baby Boomers aged 50-64

3) Source: Center for American Progress 2011 Report

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RESEARCH AND WORK PLEASE VISIT

WWW.AARPFUNDATION.ORG/FOODSECURITY.

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